



Bonny Eagle Adult Education

Highlights for February & March

Business Skills Training

- Intermediate Excel
- Selling Successfully

Enrichment

- Beginning Drawing/Painting
- Intermediate Drawing/Painting
- Chair Caning
- English Paper Piecing Quilt
- Advanced How to DSLR Camera
- Mosaics of Meaning
- Sewing for Beginner
- 5 Money Questions for Women

Enrichment (cont.)

- Growing/Preparing Less Traditional Vegetables
- Healthy Weight Loss for Life
- Investing in the Bull Market
- Maine Driving Dynamics
- Plant Based Nutrition
- Understanding Medicare
- Active Bystander Panel & Community Discussion

Exercise & Fitness

- Ballroom Dancing
- QI Gong Tai Chi
- Tai Chi
- Zumba

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Sign up for these great classes now!

Call 207-929-9185 or sign up at www.sad6.maineadulted.org